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**राजस्थान स्वास्थ्य विज्ञान विश्वविद्यालय**  
**RAJASTHAN UNIVERSITY OF HEALTH SCIENCES**  
Sector-18, Kumbha Marg, Pratap Nagar, Tonk Road, Jaipur-302033 (Raj.)

No. : F-8(168)/Covid-19/Academic-II /2020/ 18606

Date : 4/12/2020  
Urgent

समस्त प्रधानाचार्य एवं नियंत्रक,  
राज.स्वा.वि.वि. से सम्बद्ध नर्सिंग महाविद्यालय,

- विषय : नर्सिंग पाठ्यक्रम अंतिम वर्ष के विद्यार्थियों के लिए महाविद्यालय खोले जाने के संबंध में।  
संदर्भ : चिकित्सा एवं स्वास्थ्य विभाग, राजस्थान सरकार के आदेश क्र. F.1(1)M&H/2/2020 Jaipur दि. 28.11.2020 के क्रम में।

महोदय/महोदया,

उपरोक्त विषयान्तर्गत लेख है कि सचिव, चिकित्सा एवं स्वास्थ्य विभाग, राजस्थान सरकार के संदर्भित आदेश द्वारा राज्य के समस्त नर्सिंग महाविद्यालयों को अंतिम वर्ष के विद्यार्थियों के लिए दिनांक 1 दिसम्बर, 2020 से खोले जाने के आदेश दिये हैं। उक्त आदेश के साथ राज्य सरकार ने महाविद्यालय खोलने के संबंध में कोविड-19 सेफ्टी गार्डलान्सेस भी जारी की गई है। राज्य सरकार की उक्त आदेश व गार्डलान्सेस की पालना हेतु आवश्यक कार्यवाही सुनिश्चित करें।

संलग्न : उपरोक्तानुसार।

(कालू राम)  
कुलसचिव

No. : F-8(168)/Covid-19/Academic-II /2020/ 18607-14  
प्रतिलिपि निम्न को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित है :-

Date : 4/12/2020

1. निजी सचिव, माननीय कुलपति, राज.स्वा.वि.वि.वि., जयपुर
2. प्रति कुलपति, राज.स्वा.वि.वि., जयपुर
3. अति. निदेशक (प्रशा.) एवं पदेन उप शासन सचिव, निदेशालय-चिकित्सा शिक्षा विभाग, राज. सरकार, जयपुर
4. शासन उप सचिव, चिकित्सा एवं स्वास्थ्य विभाग, राजस्थान सरकार, जयपुर
5. डीन-नर्सिंग संकाय, राज.स्वा.वि.वि., जयपुर
6. प्रधानाचार्य, राज.स्वा.वि.वि. नर्सिंग विज्ञान महाविद्यालय, जयपुर
7. परीक्षा नियंत्रक, राज.स्वा.वि.वि., जयपुर
8. कार्यालय रक्षित पत्रावली।

(गजेन्द्र सिंह जोधा)  
सहायक कुलसचिव  
शैक्षणिक अनुभाग-II

**GOVERNMENT OF RAJASTHAN  
DEPARTMENT OF MEDICAL & HEALTH**

No. F.1(1)/M&H/2/2020

Jaipur, Dated : 27-11-2020

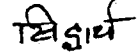
**ORDER**

28.11.20

With reference to the Home (Gr-9) Department Government of Rajasthan Order No. F.33 (2)/Home Gr-9/2019 dated: 23/11/2020 regarding measures to be taken looking to the COVID-19 situation in the State, all Nursing Colleges shall be opened from 1st December, 2020 for final year students. All Principal, Nursing Colleges are hereby instructed to strictly follow the guidelines (*Annexure-A*) while starting final year nursing classes. Also, Principal Nursing Colleges shall appoint a Nodal Officer for their Nursing Colleges who will ensure that these guidelines are followed in letter and spirit, in their College/Institute.

**Encl: As above**

By Order,



**(Siddharth Mahajan)  
Secretary to the Govt.**

Copy to:

- 1- Principal Secretary to Hon,ble Chief Minister, Rajasthan.
- 2- SA to the Hon'ble Minister, Medical & Health, Rajasthan, Jaipur.
- 3- SA to the Hon'ble State Minister, Medical & Health, Rajasthan, Jaipur.
- 4- Sr. DS to Chief Secretary. Rajasthan, Jaipur.
- 5- PS to the Secretary, Medical Education Rajasthan, Jaipur.
- 6- PS to the Secretary, Medical & Health Rajasthan, Jaipur.
- 7- Director (PH), Medical & Health Services, Rajasthan, Jaipur.
- 8- Director (Administration), Medical & Health Services, Rajasthan, Jaipur.
- 9- All Principal and Controller Medical Colleges, Rajasthan.
- ✓ 10- Registrar, RUHS/Rajasthan Nursing Council, Rajasthan. Jaipur.
- 11- All Principal, Nursing College, Rajasthan.
12. Guard-File



**(Sanjay Kumar)  
Deputy Secretary to the Govt.**

**GOVERNMENT OF RAJASTHAN  
DEPARTMENT OF MEDICAL & HEALTH DEPARTMENT  
GUIDELINES FOR OPENING OF NURSING COLLEGES**

**Generic Preventive Measures/COVID-19 Appropriate Behaviour**

The following public health measures are to be followed to reduce the risk of COVID-19 by all (faculty members, employees, students and visitors) in these places at all times:

1. Physical distancing of at least 6 feet to be followed as far as feasible.
2. Use of face covers/masks to be made mandatory.
3. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
4. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.
5. Self-monitoring of health by all and reporting any illness at the earliest.
6. Spitting shall be strictly prohibited.
7. Installation & use of Aarogya Setu App shall be advised wherever feasible.

**Measures :**

1. Nursing colleges may plan opening the campuses in phases, with such activities where they can easily adhere to social distancing, use of face masks and other protective measures. This may include administrative offices, research laboratories and libraries etc.

*However it should be ensured that not more than 50% of the total students should be present at any point of time and necessary guidelines/protocols to prevent the spread of COVID-19 are observed. In practical classes may be less than 50% students of the every batch strength.*

2. For the programmes, online/distance learning may be continued as the preferred mode of teaching and shall be encouraged.
3. However, if required, students may visit their respective institute in a small number for consultation with the faculty members, after seeking prior appointments to avoid crowding, while maintaining physical distancing norms and other safety protocols.
4. Some students may opt not to attend classes and prefer to study online while staying at home. Institutions may provide online study material and access to e- resources to such students for teaching-learning.
5. Principal will be solely responsible for functioning of the college and for following the latest COVID guidelines.
6. Every institute will constitute a committee (Squad) to implement all the norms to be followed for effective COVID-19 protocols.
7. All the students shall undergo a COVID-19 test before being allowed to stay in campus. 1<sup>st</sup> day on arrival RTPCR test then repeat RTPCR test on 5<sup>th</sup> day. When 2 RTPCR tests are negative then allowed to attend classes. If anyone found positive shall be isolated & treated accordingly.



### **Safety concerns :**

1. The institutions should train their staff and students to assist and undertake the work related to safety and health to prevent an outbreak of the pandemic in their campuses. Non-resident students should be allowed in campuses only after thermal scanning, sanitization of their hands, wearing of face masks and gloves. Symptomatic persons should not be permitted to enter the campus and should be advised to contact the nearest hospital for clinical assessment.
2. Adequate arrangements for safe drinking water should be made on the campus.
3. Hand washing stations with facilities of liquid soap should be created so that every student can wash her/ his hands frequently.
4. Regular and sufficient supply of face covers/ masks, heavy duty gloves, disinfecting material, sanitizer, soaps etc. to sanitation workers should be ensured.
5. Wearing of face cover/ mask by all students and staff should be ensured.
6. Proper cleanliness should be maintained inside the entire campus.
7. Adequate arrangements should be made for sanitizing the entire campus, including administrative and academic buildings, classrooms, laboratories, libraries, common rooms, toilets, water stations, furniture, learning material, teaching aids, sports equipment, computers etc.
8. Physical distancing should be maintained at all places and crowding must not be allowed at any place under any circumstances.
9. An adequate supply of water in toilets and for hand- washing should be ensured.
10. Proper sanitization of buses, other transport and official vehicles of the institution should be done.
11. Spitting in the campus must be made a punishable offence.
12. Dustbins must be cleaned and covered properly.
13. Dustbin for collection of used facemasks, personal protective equipment, hand gloves and their disposals should be ensured as per safety norms. Provision for proper disposal of used personal protection items and general waste should be followed in accordance with RPCB (Rajasthan Pollution Control Board) guidelines.
14. For air-conditioning/ventilation, the guidelines of RPWD shall be followed which emphasizes that the temperature setting of all air conditioning devices should be in the range of 24-30°C, relative humidity should be in the range of 40-70%, intake of fresh air should be as much as possible and cross ventilation should be there.
15. Gymnasiums shall follow Pandemic COVID -19 guidelines.
16. Swimming Pool shall remain closed.
17. All employees who are at higher risk, i.e., older employees, pregnant employees and employees who have underlying medical conditions to take extra precautions. They should preferably not be exposed to any front-line work requiring direct contact with the students.

### **Measures for Containment :**

1. As soon as a student, faculty or staff is detected COVID-19 positive, such person should be immediately isolated as per the directive/ advisory of the Government. Room-mates and close contacts should be quarantined and symptomatic ones to be immediately tested.




2. Nursing colleges should have a ready plan to provide healthcare & other support to those resident students and staff who tested positive and are isolated.
3. The guidelines restricting social and physical contacts and mobility in such parts of residential places in the campus, where positive cases have been found, should be strictly enforced. Measures like holding no class, not leaving the rooms for hostellers, if applicable, no take away arrangement of food from mess etc. may be enforced, depending upon the severity of the situation.
4. Nursing colleges should also plan in advance, in case shut down are ordered by the Government due to outbreak in campus or the surrounding region.

#### **Sensitization of Students, Teachers and Staff :**

1. Awareness programmes regarding COVID-19 as to how the infection spreads, common symptoms, and precautions and measures required to contain its spread may be launched.
2. Maintaining hygiene, e.g., how to wash hands, how to cough or sneeze into a tissue or elbow, avoid touching of face, eyes, mouth and nose should be regularly told to the students and the staff.
3. The necessity of physical distancing, wearing face covers/ masks, hygiene etc. should be brought home to all. The policy of "No Mask No Entry" should be followed strictly in Nursing colleges campus.
4. Activities to stay fit, physically and mentally, should be encouraged like doing exercises, yoga, breathing exercises, meditation, etc.
5. To improve resilience and mental health, students should be encouraged to share their feelings with friends, teachers and parents, remain positive, grateful, helpful, have focused approach, take a break from work, eat healthy and sleep timely etc.
6. Eating healthy food and fruits, avoiding junk food, frequently drinking warm water, adopting ways to increase immunity etc. should be encouraged.
7. Students should be told to regularly sanitize their laptops, audio, video and other media accessories.
8. Factual information regarding COVID-19 and consequences of infection, without making them stressed or fearful, should be disseminated.
9. Posters and stickers should be pasted at appropriate places in the campus to create awareness about the risk of infection from Corona virus.
10. All support and facilities should be provided to persons with disabilities (*Divyangjan*).
11. Sharing of books, other learning material and eatables be not allowed.

#### **Role of Head of the Institution :**

1. Principals may get Standard Operating Procedures(SOPs) worked out in view of COVID-19 outbreak, in accordance with the Government orders and guidelines.
  2. A detailed institutional plan which may, inter alia, include sanitization, safety and health measures should be prepared and kept ready, before reopening of campus. Proper implementation of the institutional plan should be ensured and regular monitoring should be done with the help of faculty and the staff.
  3. Tie-ups may be established with nearby hospitals, health centres, NGOs, health experts for help and support in fighting COVID-19.
  4. A plan for all academic activities, i.e., the academic calendar, teaching-learning modes, examinations, evaluation etc. should be kept ready well in advance.
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5. A Task Group should be created to handle varied situations and issues related to the COVID-19 pandemic. Such Task Group may consist of senior persons from faculty and staff, students, volunteers from communities, NGOs, health organisations and Government officials etc. as the case may be.
6. Teachers, students and staff should be made aware of all relevant plans and activities on the campus.

#### **Teachers / Faculty :**

1. Teachers should make themselves fully aware of institutional plans and Standard Operating Procedures.
2. Every teacher should prepare a detailed teaching plan for the subjects taught by him/her, including time table, class size, modes of delivery, assignments, theory, practical, continuous evaluation, end- semester evaluation etc.
3. Teachers should keep themselves updated with the latest teaching- learning methods and availability of e-resources.
4. Teachers should make the students aware of the COVID-19 related situation, precautions and steps to be taken to stay safe and healthy.
5. Teachers should monitor and keep track of the physical and mental health of their students.

#### **Parents :**

1. The parents should ensure that their wards observe safety norms at home and whenever they go out.
2. Parents should not allow their wards to go out, if they are not feeling well.
3. Parents may be advised that the 'Aarogya Setu App' has been downloaded by their wards.
4. Parents should sensitize them of healthy food habits and measures to increase immunity.
5. Parents should ask them to do exercise, yoga, meditation and breathing exercises to keep them mentally and physically fit.

#### **Students :**

1. Self-discipline is most important to contain the spread of COVID-19 pandemic through social distancing and maintaining hygienic condition.
2. All students must wear face covers/ masks and take all preventive measures.
3. May consider installing 'Aarogya Setu App' in the mobile.
4. It is important for the students to be physically and mentally fit to handle any exigencies. By remaining fit, they can take care of others also.
5. The students must inculcate activities that will increase immunity-boosting mechanism which may include exercise, yoga, eating fresh fruits and healthy food (avoid fast food), sleep timely.
6. Discrimination of fellow students in respect of whom there is a history of COVID-19 disease in the family be avoided.
7. Give support to your friends under stress due to COVID-19 pandemic.
8. Students should follow the guidelines, advisories and instructions issued by the Government authorities as well as by the nursing colleges regarding health and safety measures in view of COVID-19 pandemic.

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**In view of the present scenario and future uncertainties:**

1. In case of nursing college located at places where the Government (Centre/ State) have imposed restrictions on gathering of public, the institutions may plan accordingly. In any case, the above recommendations shall not cause any restrictions on the guidelines/directions issued by the appropriate Government/ competent authority.

*Notwithstanding the above Guidelines, every nursing college has to ensure that it is prepared in all respects to carry out the academic activities following necessary advisories/guidelines/directions issued by the Central/State Government, Ministry of Medical, Health & family welfare Department & RUHS Jaipur from time to time to prevent the spread of COVID-19 pandemic.*

